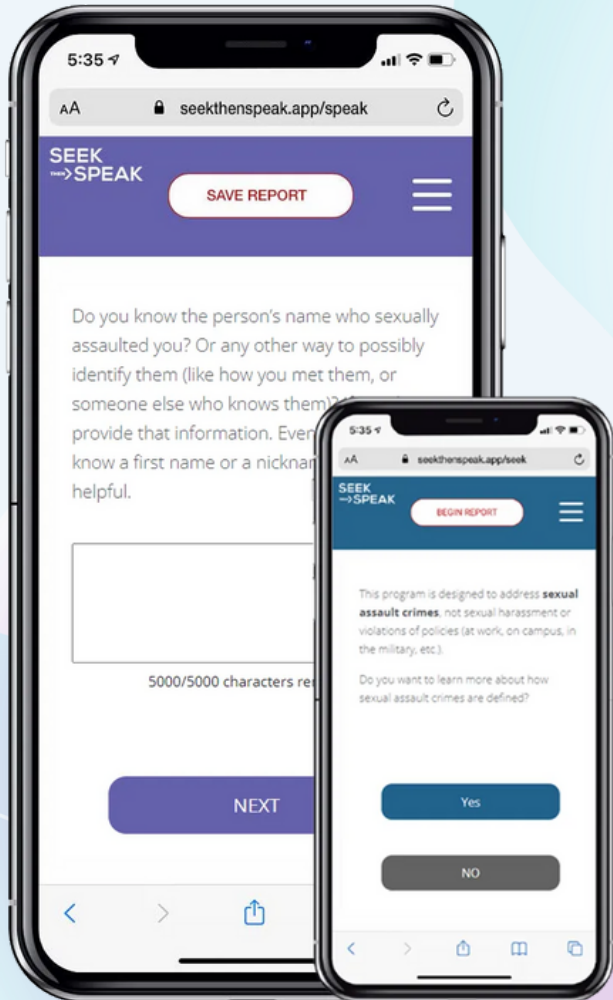


**SEXUAL ASSAULT
INFORMATION
WHEN YOU NEED IT**

**BEGIN REPORTING
WHEN YOU ARE READY**



CONTACT

For questions or support, email:
seekthenspeak@seattle.gov
Or call the Victim Support Team at:
(206) 684-7721



**TO BEGIN, SCAN THE QR CODE
OR VISIT THE LINK BELOW**

SEEKTHENSPEAKSEATTLE.COM

*This tool does not replace emergency services.
Call 911 or seek immediate medical care if:*

- *The assault was in the last 10 days*
- *You're in pain or possibly injured*
- *There is threat of harm to you or others*

SEEK THEN SPEAK IS SUPPORTED BY:



City of Seattle

**SEEK
THEN > SPEAK**

**A NEW PATHWAY TO
JUSTICE FOR SURVIVORS
OF SEXUAL ASSAULT**

SEEK: Explore Your Options
SPEAK: Begin the Reporting Process
CONNECT: Find Local Resources

SEEKTHENSPEAKSEATTLE.COM

SEEK THEN > SPEAK

ABOUT THE TOOL

ACCESSIBLE:

- Free to use, available on any digital device
- User-friendly design for greater accessibility
- Translated into a wide range of languages

TRAUMA-INFORMED:

- Modeled after the investigative interview done by a law enforcement officer trained in sexual assault victimization and trauma

SURVIVOR-CENTERED:

- You're in the driver's seat - you control the when, where and how to share your story
- You decide if and when you want to submit your report to law enforcement

CONFIDENTIAL:

- Once you close out of the program, all of your information is deleted. No data is stored to the site after the pdf is created.

TO BEGIN,
SCAN THE
QR CODE
OR VISIT:



[SEEKTHENSPEAKSEATTLE.COM](https://seekthenspeakseattle.com)

SPEAK: BEGIN REPORTING

Begin the process of reporting your sexual assault in SPEAK, a self-guided interview.

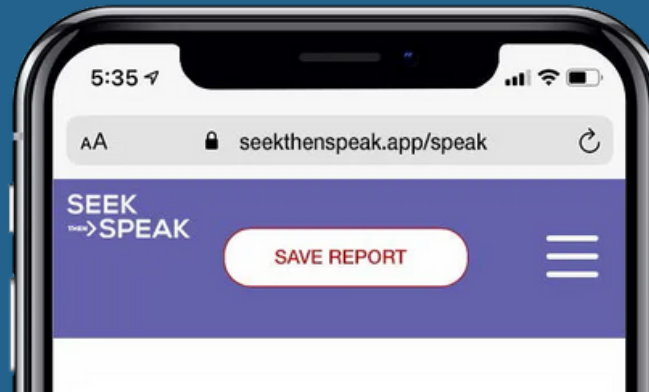
HOW IT WORKS:

- Complete the interview at your own pace, at a time and place that feels right for you.
- Provide as much or as little info as you like.
- Once finished, the program generates a downloadable pdf that you can:
 - Save or print for your own records
 - Email to law enforcement

To submit your report to the Seattle Police Department, email the pdf to:
SEEKTHENSPEAK@SEATTLE.GOV

WHAT HAPPENS NEXT:

- After you submit your report, an advocate will be in touch to follow up.
- Police will review your report and may open an investigation to determine what crimes were committed based on state law and evidence available.



SEEK: EXPLORE OPTIONS

In SEEK, survivors can privately gather information and consider next steps.

Topics include:

- Sexual Assault
- Crime Victim Rights
- Victim Advocacy
- Medical Care / Forensic Exams
- Reporting to Police

SEEK is designed to address real-world questions that survivors are likely to have.

An additional section of SEEK is designed for support people, with concrete tips on how to respond and support survivors.