

SEEK THEN > SPEAK

Seek then Speak is an interactive website you can access on any digital device designed to support survivors of sexual assault. In **SEEK**, you can gather information and explore options following an assault. You can begin the reporting process in **SPEAK**, a self-guided interview you can complete at your own time, place, and pace.

Tips for the Interview:

- You can provide as much or as little information as you wish.
- Take your time with the questions and take breaks as needed.
- Before you begin, it can be helpful to preview all the questions in advance. To do this, simply go to MENU and select PREVIEW QUESTIONS.

Things to Remember:

- This program does not store your responses. This way, your information stays completely confidential. Once closed, all your information is deleted.
- The program does not time out or close automatically. Make sure to close the tab when you are finished to protect your information.
- If you want to change or add to a previous response you can either hit the BACK key or simply write it down so you can add that information later.

Once complete, your responses are gathered into a downloadable PDF that you can save, email or print for your own records - or email to law enforcement.

If you wish to submit your report to the Seattle Police Department, email the PDF to seekthenspeak@seattle.gov

After you submit the report to police, they will review it and may open an investigation to determine what crimes were committed based on state law and available evidence. *Remember: once you submit a report to police, it becomes an official public record that can be accessed by police, prosecutors, attorneys, and judges, if your case proceeds to court.*

For questions or support, email seekthenspeak@seattle.gov or call the City of Seattle's Victim Support Team at (206) 684-7721

Call 911 or seek immediate medical care if:

- The assault occurred within the last 10 days
- You're in pain or possibly injured
- There is a threat of future harm to you or others

SCAN
HERE



To begin, simply scan the QR code or visit the website at:

www.seekthenspeakseattle.com