

[The 12 Core Concepts for Understanding Traumatic Stress Responses in Children and Families Adapted for Youth Who Are Trafficked \(2018\)](#)

This resource/fact sheet outlines and describes a range of points that practitioners and agencies should consider as they strive to assess, understand, and assist trauma-exposed children, families, and communities in trauma-informed ways.

[A Training Tool for Mental Health Providers](#)

An 8-page brochure from Arizona State University (ASU) for Mental Health Providers working with CSEC Population. This document speaks to the need to look at sexual exploitation as child abuse, and that it is often lost on other systems to understand that children and youth have been victimized through being targeted, tricked and traumatized. ASU provides common mental health indicators trafficking, possible physical and sexual health indicators, along with suggestions for treatment needs.

[A Training Tool for Parents of Teens](#)

An 8-page brochure from Arizona State University (ASU) for Parents to understand and help prevent children from becoming exploited. The document helps outline that there are certain behaviors that a child and young person may have that can be warning signs for parents to be aware of. Parents and caregivers can turn to this document for guidance and support to prevent risk and/or abuse. The document provides outlines 10 Ways to Protect Your Children as well as info on How to Keep Your Teen Safe on Social Media, as well as steps on what to do if you believe your child is being trafficked. This document heavily references on the pimp-controlled narrative.

[Mental Health Care Professionals](#)

This two-page resource outlines definitions of trafficking, common mental health indicators of trafficking, warning signs, questions to consider answering within your organization surrounding the policy and procedures when working with an identified CSE youth, and screening questions to utilize if there is suspicion of sexual exploitation.

[Prevention Resource Guide to Address the Commercial Exploitation of Children in Nevada](#)

This is an open resource created by Nevada's CSEC Coalition. As stated in the resource itself: "... the CSEC Prevention Resource Guide lays a foundation for child sex trafficking prevention efforts in Nevada. While it may be tempting to bypass these chapters and proceed immediately to an area of interest, applying the information in these chapters will help your prevention efforts be more successful."

It is imperative to have foundational info and analysis of the issue of sexual exploitation before drafting and informing prevention practices, because one of the main guidelines in this work is to – do no harm. The prevention guide, like many others that are still developing around CSEC, have been informed by other existing prevention programs in areas such as substance abuse, risky sexual behavior, school failure, the juvenile justice system and violence. This guide provides helpful insights on how prevention can be informed on a universal and selected level. The bulk of the guide then speaks to strategies, resources, and toolkits as it relates to communities of faith, parents and caregivers, youth, social media, youth at greater risk, American Indian youth, Spanish support, etc.

[Out of the Shadows: Exposing the Myths of Human Trafficking](#)

In this one pager, myths and truths including statistics are shown when discussing human trafficking.

[Dispelling Common Misconceptions Within the Anti-Trafficking Movement](#)

In this resource, misconceptions within the anti-trafficking movement are dispelled while also unpacking the commonly shared statistics.

[Labor Trafficking Self-Assessment Card](#)

Created by a multi-disciplinary work group, this card provides workers with discreet and easy to carry information about labor trafficking including the National Human Trafficking Resource Center 24-hour hotline that assists them in finding help in their area.

[Language & Media Guide](#)

This guide discussed the stigmatizing language, statistics, and assumptions that are often used when working with commercial sexual exploitation children and the harm that is done when we use certain words. It describes how these words can be perceived by society and. It offers alternative, more trauma-informed, and client centered language that can be utilized.

[Learning about Child Trafficking](#)

In this series of slides, the connection between slavery and human trafficking is made, while also providing us definitions of commonly used words when working with the CSEC clients. Additionally, stories of survivors are shared.

[Los Angeles County Department of Mental Health Provider Toolkit](#)

This toolkit provides mental health professionals resources, strategies, and guidelines to help identify and engage the CSEC population to increase the quality of services for this population. Although this toolkit is specific to Los Angeles County, it provides an overview of the CSEC population including identifiers/indicators, screening tools, and suggestions on how to also support male and LGBTQ+ identifying individuals in the life, how to provide trauma informed care services, safety planning, and more.

[Discover Visible Signs of Sexual Exploitation](#)

Towards the bottom of the NWG website, you can click on an abuse model and then a theme from the interactive wheel that will show you the visible signs of sexual exploitation.

[NCCASA Human Trafficking Prevention Toolkit](#)

The North Carolina Coalition Against Sexual Assault's (NCCASA) [Human Trafficking Prevention Toolkit](#) provides an overview of what human trafficking is and the public health approach to violence prevention, exploration of the history of human trafficking that currently informs frameworks and gaps, while also strategies for effective prevention while incorporating a harm reduction lens.

[Psychotherapy for Commercially Sexually Exploited Children: A Guide for Community-Based Behavioral Health Practitioners and Agencies](#)

The [WestCoast](#) Children's Clinic, with over 10 years of providing community-based mental health services to youth who are commercially sexually exploited in the CA Bay Area, created this treatment framework in collaboration with the [Center for Trauma Recovery and Juvenile Justice](#) and the [National Center for Youth Law](#). The guide describes the core components of treatment, the impact of ongoing trauma, and the importance of understanding exploitation in the context of social injustice and systemic oppression. Topics are covered from context and scope of the problem, vulnerabilities and risk factors, social norms and biases, mental health treatment models and an integrated treatment framework for sexual exploitation.

[Anti-Racism Daily](#)

Anti-Racism Daily, created by Nicole Cardoza and with support of many other collaborators, provides resources daily via a free subscription to focus on anti-racism work. It is a resource that provides action items you can take, narratives to become educated, and key takeaways. As service providers, we must center our services to be anti-racist and always consider the intersectionality that we embody, and that our communities embody.

[Breonna Taylor. Say her name. And remember it](#)

[Let Black girls be girls](#)

[Make the justice system more diverse](#)

[Protect Black women](#)

[Reflect before reaching out to your Black colleagues](#)

[Learn about critical race theory](#)

[“Black Girls for Sale”](#)

In 2010, Essence Magazine, published this write up discussing the increase in commercial sexual exploitation of African American girls. A story of a -year-old girl is shared and how Alameda County in CA has been handling traffickers and victims.

[Sex Trafficking of Minors: What Schools Need to Know to Recognize and Respond to the Trafficking of Students](#)

This resource is targeted towards educators with an overview of CSEC and suggests specific steps schools can take to respond to signs of trafficking among students.

[Stop It Now!](#)

Stop It Now! Was founded by a survivor of childhood sexual abuse and is an agency focused on preventing child abuse. This page provides a multitude of resources including but not limited to tip sheets, safety planning templates, and warning signs of sexual abuse.

[ADDRESSING MISCONCEPTIONS: Commercial Sexual Exploitation of Children](#)

Chicago Alliance Against Sexual Exploitation (CAASE) has created this resource to debunk misconceptions regarding the CSEC population.

[Engaging Parents and Guardians of High School-Aged Sons in Stopping Sexual Exploitation and Harm](#)

CAASE created a guide for parents and guardians to engage their high school-aged sons in stopping sexual exploitation and harm. This toolkit includes activities (talking about media, healthy relationships, etc.) for caregivers to use with their children regarding sexual exploitation.

[Cyberbullying and Digital/Internet Safety](#)

The Washington Office of Superintendent of Public Instruction (OSPI) has created a school safety resource library for education. This resource focuses on cyberbullying and digital/internet safety. Included in this resource are curriculum resources, internet safety brochure, sexting information, etc.

[100 Conversations](#)

100 Conversations by P.O.P! provides topics for families to discuss and open the channel of communication for ages 13-24. These conversations are intended to be had with a young person and supportive adults. Topics include boundaries & values, relationships, sex, consent& laws, etc.

[Trafficking Terms](#)

This site has a list of terms used in sex trafficking to become familiar with. The list of terms comes from *Renting Lacy: A Story of America's Prostituted Children* by Linda Smith.

[Human Trafficking in America's Schools](#)

This 2015 resource from the National Center on Safe Supportive Learning Environments, is a guide that can be downloaded as a PDF (for free) or navigated through the tabs on the side of the website. This guide includes what human trafficking is, risk factors and indicators, a sample protocol for school districts, and much more.

[We Think Twice](#)

We Think Twice is an online resource hub for teens that has been designed by teens in association with the Administration for Children and Families' and Family and Youth Services Bureau's Adolescent Pregnancy Prevention Program. This site helps young people learn about peer-pressure, goal setting, dating and relationships, etc.

[Human Trafficking Task Force e-Guide](#)

The Office for Victims of Crime Training and Technical Assistance Center (OVCTTAC) has created a Human Trafficking Task Force e-Guide in partnership with the U.S. Department of Justice's Office for Victims of Crime (OVC) and Bureau of Justice Assistance (BJA). This e-Guide is a resource to support task forces in the day-to-day operations of anti-human trafficking. On the left side of the site there is a table of contents which explores different ways to support identifying human trafficking, serving victims, and investigating/building cases.

[20 Ways You Can Help Fight Human Trafficking](#)

This resource from the U.S. Department of State provides 20 tips people can use to help fight human trafficking. Within the 20 tips, there are additional resources you can utilize.

[28 Days of Black History](#)

Creator of Anti-Racism Daily, Nicole Cardoza, created another platform, 28 Days of Black History. Similarly, to Anti-Racism Daily, this is a free resource that you sign up to via e-mail and get a daily email with resources. This resource is intended as a guide to exemplify the Black legacy. In honor of Black History Month.

[Federal Strategic Action Plan on Services for Victims of Human Trafficking in the United States](#)

In this 48-page document created by former President Obama's interagency task force for 2013-2017, 4 goals are discussed throughout the document. The 4 goals include align efforts, improve understanding, expand access to services, and improve outcomes.

[Office for Victims of Crime Training and Technical Assistance Center: Human Trafficking](#)

The Office for Victims of Crime Training and Technical Assistance Center (OVCTTAC) created a series of resource papers. This paper focuses on Human Trafficking and different aspects of it. In this paper we learn about statistics, definition of terms, impact of being trafficked, effective interventions to utilize as potential service providers and more.