

Did I Flutter?

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Acknowledgements:

- We are on Duwamish Land
 - This is not all encompassing
 - I'm not here to argue the ideas presented but to share them. It's up to you how you use the information
 - Ask questions! I love questions!
 - I have lived and professional experience
-



#NeurotypicalAwareness

Meet Brian, A Person With Neurotypicality:



- parents recognized him as NT at around 2 years
- goes to the store without noise canceling headphones
- florescent lights are not a problem
- struggles to flap but enjoys a good fidget spinner on occasion
- loves eye contact
- lack of skill in certain areas are never pathologized
- never minds a crowd
- always asks you why you're being so quiet
- graduated from public school without ever once being subjected to traumatic therapies, "behavior management" or presumed incompetent

Autism is a “dynamic disability”. What this means is capacity & functioning are not concrete & may fluctuate dependent on factors such as environment, cognition, executive function, processing capacity, Interoception/exteroception, neuro-fatigue, anxiety, communication differences, burnout & sensory overwhelm.

This means Autistics may be capable of a task one day, but unable to perform the task at another.

Neurodiversally Unbroken 2021





Sara Gibbs

@Sara_Rose_G



If you say '**autistic**' three times into a mirror, a neurotypical will appear behind you and say 'actually it's person with autism'

10:56 · 3/23/22 · [Twitter for iPhone](#)

LANGUAGE EXPLAINED

Please don't use people first language. Despite everything you've ever learned in school and work trainings with the autistic community we DO NOT use people first language.

Autistic vs. ASD

Autistic vs. Allistic

Neurodivergent vs. Neurodiverse



Gemma Pender

Saturday at 4:32 PM · 🌐

It's not Aspergers, it's Autism.

Aspergers was named after the Nazi Hanz Asperger who tortured kids with additional needs to see which of them deserved to die and which could be put to work. Aspergers is just what they call the "put them to work instead of killing them" kind of autistics.

The autistic community is trying to get folk to stop using that term because it's offensive and abelist.

Autism: which symbols?

Most people within the Autistic community have strong preferences (with good reason) about particular symbols associated with autism.

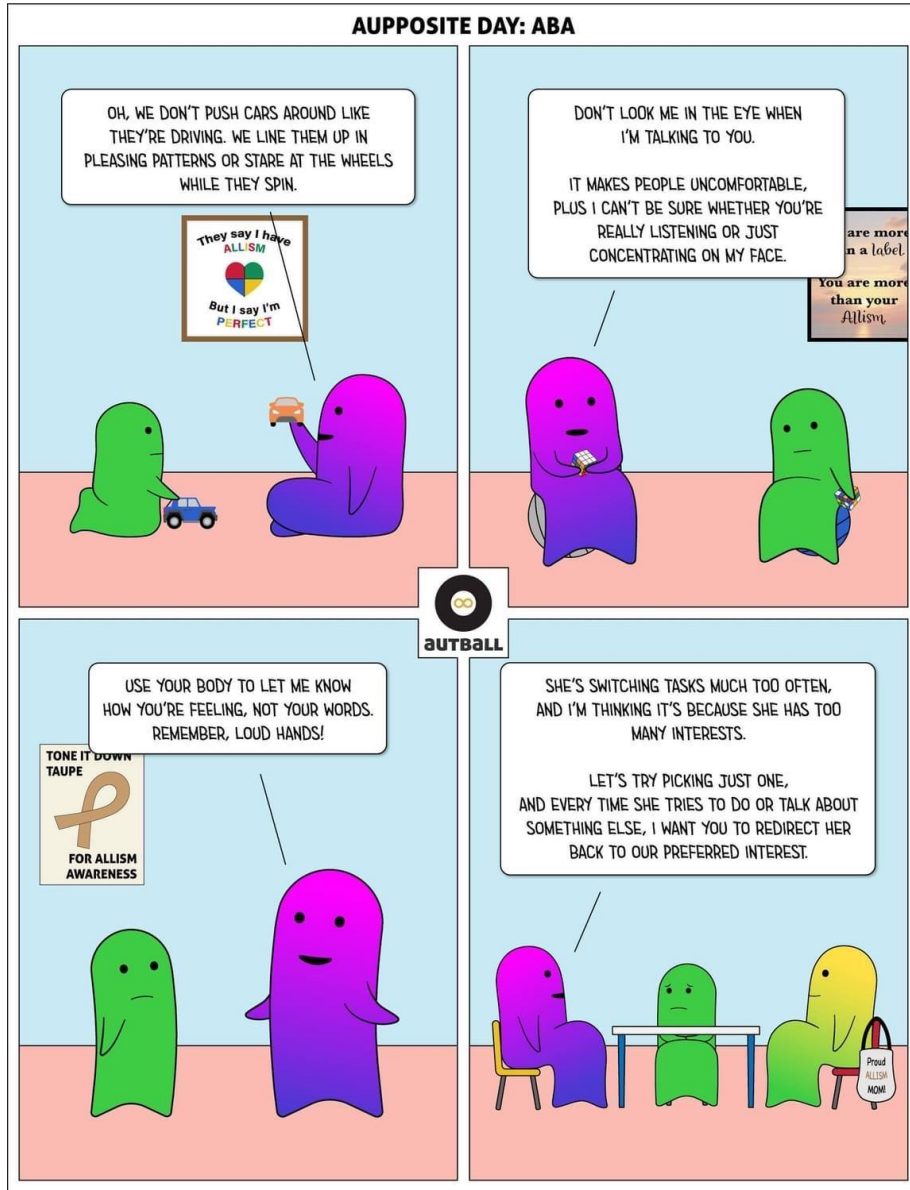
How do you get it right?

Remember that autistics' preferences take precedence over neurotypical allies'.

Here's a quick guide:

	
 <p>Autistic Self-Advocacy Network (ASAN) <i>by autistics for autistics</i></p>	 <p>Autism Speaks <i>Does not speak for autistics Regarded as a hate group by the autistic community</i></p>
 <p>Neurodiversity <i>designed by autistics to represent the diversity of the autistic spectrum</i></p>	 <p>Light It Up Blue <i>Autism Speaks' genderised manipulation of World Autism Awareness Day</i></p>
 <p>National Autistic Society (UK) <i>Not perfect but does listen to autistic voices and encourages acceptance</i></p>	 <p>Puzzle piece <i>Old symbol for autism Widely rejected now by the autistic community</i></p>
 <p>Autistic Pride <i>Official Autistic Pride flag Autistic Pride Day: June 18th</i></p>	 <p>Autism Awareness <i>Awareness not acceptance Autistics reject the puzzle piece</i></p>

**ABA IS
TORTURE
AND
AUTISM
SPEAKS IS
A HATE
GROUP**



“They say I have Allism, but I say I’m perfect”

“You are more than your label. You are more than your Allism

“Tone it Down Taupe: For Allism Awareness

“Proud Allism Mom”

Communication is communication... unless it isn't

PLEASE TAKE ME AT MY WORDS,
NOT MY 'TONE'.

What I've said

'So, with my kids,
what I will do is...'



How it was interpreted

'OH, SO YOU'RE SAYING
THAT YOU'RE A BETTER PARENT
THAN ME'

'Here's a link if you
want any more info...'



'I don't appreciate how
condescending you're being.'

'I don't understand
what you're asking here.'



'OH, so you're calling
me STUPID'

NOPE
NOPE
NOPE
NOPE
NOPE
NOPE
NOPE

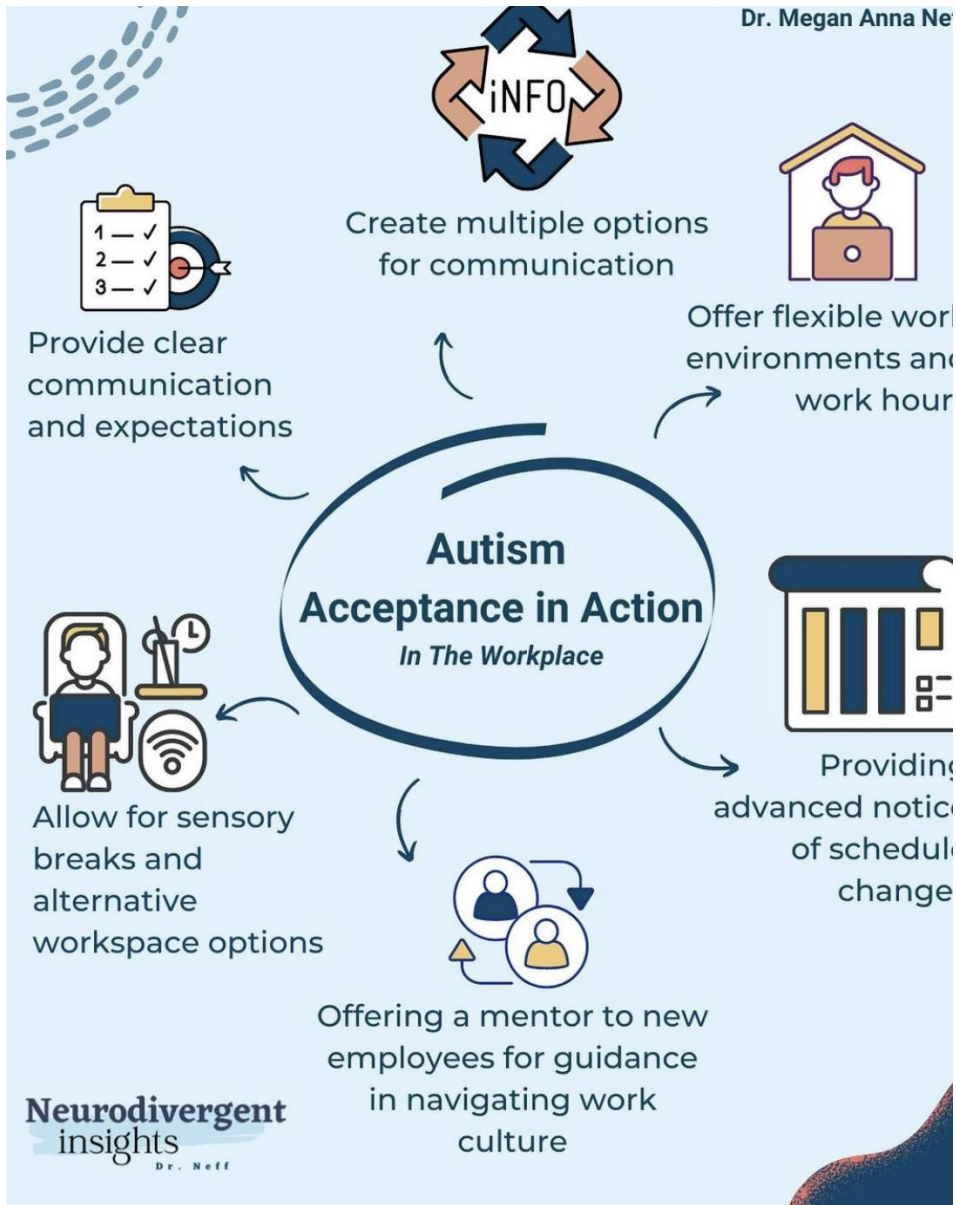
My WORDS will always say what I mean.
There's no need to hunt for secret, hidden extras.




FLAPPY HANDS ARE HAPPY HANDS!

Stims aren't scary, they're helpful. They care about you so much, always want you at your best

Tics don't care about anything but themselves.





Autism training
should be run by
Autistic People.

NeuroWild

FIND SAME

Specific skills and capacity building in the following areas:

- Individualized Behavior Programs
- Spoon Theory: What is it and why does it matter?
- School Engagement
- The Culture of Human Dynamics and how our environment can help or confuse our behavior
- Masking (the good, the bad, and the funny)

